



# SIDDHARTH SERVICES, INC.

*In pursuit of overall well being*

**Siddharth Services** offers a range of services, each focused on creating an individualized program where special consideration is given to the individual's needs and requirements. Typically, potential clients are referred to our company through word of mouth by guardians and case managers. If you have questions about the services, please call Renu Gurung, the Program Director, at 603-210-2434 or email her at [renugurung@siddharthservices.com](mailto:renugurung@siddharthservices.com).

**Enhanced Family Care:** Individual with disabilities when are in need of a comfortable home gets placed with a caring and experienced individual, couple or family. The individuals become a part of their family and get support to pursue their personal goals and successfully live in the community. The individuals are matched, based on needs, interests, preferences and goals, with *Enhanced Family Care Providers* who wish to share their homes with individuals needing special kinds of support so they can live in the community. The individual gets to have their own room with access to all basic amenities such as cable, phone and internet. Great care and efforts are put in to match the individual with complicated medical and behavioral issues and the right home provider who is able to meet those needs.

The individuals can receive either Residential and Day services (aka Whole Life) or Residential Services only. An individualized program is built for the individual, employing a program design that is easily tailored to each individual's needs and strengths. The program objective is to help them adapt to live in community independently and continue to maintain & build meaningful relationships with other people in the community.

**Day Program:** Individualized day program are built for each individual to help them pursue their personal goals and support successful integration into the community. The daily schedule is a structured schedule of individual's preferred activity which is reviewed with them daily that includes all activities and expectations anticipated on a daily basis. The activities are scheduled based on their preference, with higher energy activities such as exercise in the morning, and with higher preferred activities prior to lesser preferred activities. The support staff helps the individuals to transition through the activities by providing them positive verbal re-enforcement, and cues prior to finish of an activity.

The client to support staffing ratio is done based on the level of support required by the individuals. The individuals are supported in curriculum-based skill building program which includes but not limited to seeking employment, supporting during employment & volunteering, healthy lifestyle, enhancing vocational skills such as computer skills, accessing and learning from educational resources and learning safety skills. In addition, activities and get together are planned to encourage socialization, personal expression through the arts, and participation in community activities.

**Respite Services:** Respite services are short term care provided to individuals so that his or her primary caregiver can take a break from their care giving responsibilities. For an EFC provider, as per company protocol, trained staffs are authorized as respites to give a break or change to the supported individual, to give downtime to the EFC provider (for sickness or vacation etc), and to avoid staff burn-outs. In addition, respite services can also be given to individuals for short term who are in transition between services or awaiting placement in a long term facility.

The criterion for selection of the respite services is same as that of the EFC provider. The background, driving record and criminal records of the respite will be checked. A pool of designated respite is assigned to provide support to the individual. They are trained on the individual's program and given client specific training including being certified for medication administration. The individual is given chance to know the persons giving her respite in advance so that they can develop a good relation. All designated respites will be authorized by the guardian and case managers.

**Clinical and Consultation Services:** As part of the services provided by SSI, the individuals get clinical and consultation services by our highly motivated team who are well trained, dedicated and includes subject matter experts to support the individual needs of an individual. They place the welfare of the persons they serve above all and work hard for the attainment of their good health, happiness and growth.

**Nursing services** is offered to the clients in accordance with the He – M 1201 State Regulations. The company nurse trainer organizes the training for the EFC providers and certifies them for administration of medications to the individual. She educates them on the individual's medical issues and health concerns. She familiarizes herself with individual's medical condition and keeps herself abreast with his or her health conditions. Quality Assurance Checks are performed every quarter to ensure proper administration of the medications and timely actions on health matters. A 24 - hour on call emergency service is also available.

**Consultation Services** is provided by professionals that include behavioral consultant and psychologists who evaluate the needs of our consumers and provide counseling and psychological support, as needed. They work closely with the Program Director to build programs to help individuals manage their target behaviors as well as define support strategies for the support staff. SSI work with various NH Community Mental Health Centers to get additional support for their clients.

Successful implementation of our individualized program is based on following core steps:

- Develop a comprehensive understanding of the individual's history, critical needs and routine, likes and dislikes, and preferences for a living situation.

- Identify a skilled support staff whose profile matches to individual's needs to provide the essential support.

- Provide client specific training and support during the critical early transitional stages of the program to help build a trusting relationship between the client and the team.

- Work with the team to articulate clear goals for the individual and outline the steps to achieve those goals.

- Monitor progress to help the individual, support staff, and team track progress toward the goals, and make amendments as needed.